

EMT - Functional Abilities

<u>Gross Motor Function</u>		
Move within confined spaces		Maintain balance in multiple positions
Reach above shoulders	Reach below waist	Reach out front
<u>Fine Motor Functions</u>		
Pick up objects with the hands	Grasp small objects	Write with pen or pencil
Type	Pinch grasp objects	Twist objects
Squeeze with fringe		
<u>Physical Endurance</u>		
Stand	Sustain repetitive movements	Maintain physical tolerance
<u>Physical Strength</u>		
Push, pull, lift and sustain 50 pounds	Carry equipment and supplies	Use upper body strength
Squeeze with hands		
<u>Mobility</u>		
Twist	Bend	Stoop
Squat	Move Quickly	Climb Stairs
Walk		
<u>Hearing</u>		
Hear normal speaking-level sounds	Hear faint voices (whisper at 10 feet)	Hear faint body sounds
Hear in situations when not able to see lips	Hear auditory alarms	
<u>Visual</u>		
See objects up to 20 inches and 20 feet away	Use depth perception	Use peripheral vision
Distinguish color and color intensity (color vision test)		

<u>Tactile</u>		
Feel vibrations *Detect temperature	Feel differences in surface characteristics	Feel differences in sizes and shapes
Detect environmental temperature		
<u>Smell</u>		
Detect odors (i.e. foul smelling drainage, alcohol on breath, smoke, and gasses)		
<u>Environment</u>		
Tolerate exposure to allergens (i.e. cats, dogs, pollen)	Tolerate strong soaps	Tolerate strong odors
<u>Emotional Stability</u>		
Able to establish professional relationships	Provide patient with emotional support	Adapt to changing environment/stress
Deal with the unexpected	Focus on task	Cope with own emotions
Perform multiple responsibilities concurrently	Cope with strong emotions in others (i.e. grief, anger)	