

Community Health and Nutrition Navigator

PROGRAM CODE: 10-539-3



Associate Degree



COURSES	CREDITS
BIOSCI-189 Basic Anatomy	3
ENG-195 Written Communication ‡	3
(or) ENG-201 English 1 ‡	
HEALTH-101 Medical Terminology ^	3
HEALTH-104 Contemporary Healthcare Practices ^	2
HEALTH-110 Basic Nutrition for Health Professionals	1
HEALTH-112 Introduction to Public Health	3
CHNN-202 Healthcare Delivery ‡	3
DIETNT-102 Public Health Nutrition ‡	3
ENG-196 Oral/Interpersonal Communication ‡	3
(or) SPEECH-201 Elements of Speech	
HEALTH-107 Digital Literacy for Healthcare ^	2
HIT-182 Human Disease for the Health Professions ‡	3
CHNN-203 Prevention and Community Health ‡	3
DIETNT-155 Community Nutrition ‡	3
DIETNT-156 Nutrition in the Life Cycle ‡	2
DIETNT-170 Nutritional Counseling Skills ‡	2
MATH-189 Introductory Statistics	3
(or) MATH-260 Basic Statistics ‡	
SOCSCI-103 Think Critically and Creatively	3
CHNN-206 Experiential Practice 1	2
CHNN-207 Experiential Practice 2	3
ELECTIVES (Two credits)	2
PSYCH-199 Psychology of Human Relations	3
(or) Any 200-level PSYCH course	
SOCSCI-166 Introduction to Ethics: Theory and Application	3
(or) Any 200-level SOCSCI course	
SOCSCI-172 Introduction to Diversity Studies	3
(or) Any 200-level SOCSCI course	

Location: Downtown Milwaukee Campus

Start Dates: August and January

Admission Requirement: High school diploma or equivalent

Financial Aid Eligible: Yes. Use code 003866 at afsa.gov.

Program Description

A community health and nutrition navigator is a frontline public health worker who, as a trusted member of the community, serves as a liaison to connect people to medical providers and community resources for health and nutrition needs.

Career Outlook

The world of healthcare today is complex and there is a need for frontline health workers with expertise and experience in assisting individuals and communities to navigate the healthcare system and encourage self-care advocacy.

Program Learning Outcomes

- Provide information and refer patients, based on the identified barriers and needs, to appropriate resources and services available to the patient.
- Communicate effectively with the healthcare team, diverse patient populations and their families to achieve common health and nutrition goals.
- Apply foundational health and nutrition knowledge to ensure safe, competent, and effective services.

CREDITS

Total credits needed to complete this degree

61

‡ Prerequisite required.

^ Counts toward earning the Healthcare Customer Service certificate.

Program curriculum requirements are subject to change.

Current MATC students should consult their Academic Program Plan for specific curriculum requirements.

MATC courses are offered in person, entirely online or partially online.

Check each course's delivery options in Self-Service at selfservice.matc.edu.



Complete Program Details

QUESTIONS? 414-297-6263, 262-238-2281 or healthpathway@matc.edu