

Nutrition and Dietetic Technician

PROGRAM CODE: 10-313-1



Associate Degree



Location: West Allis Campus

Start Dates: August and January

Admission Requirement: High school diploma or equivalent

Financial Aid Eligible: Yes. Use code 003866 at afsa.gov.

Program Description

Learn how the science of managing food and nutrition helps promote good health. Dietetic technicians typically work as a member of the food service or healthcare team. MATC's program includes supervised clinical and field experiences. Graduates are eligible for student membership in the Academy of Nutrition and Dietetics and will receive the title Nutrition and Dietetic Technician Registered (NDTR) after successfully completing the national registration exam.

Career Outlook

Dietetics is a vital, growing field. A dietetic technician typically works as a member of the food service or healthcare team.

Program Learning Outcomes

- Integrate scientific information and translate research into practice.
- Practice beliefs, values, attitudes and behaviors for the professional nutrition and dietetics technician level of practice.
- Develop information, products and services for individuals, groups and populations.
- Deliver information, products and services to individuals, groups and populations.
- Demonstrate skills, strengths, knowledge and experience relevant to leadership potential and professional growth for nutrition and dietetics practitioners.



Complete Program Details

QUESTIONS? 414-297-6263, 262-238-2281 or healthpathway@matc.edu

COURSES

CREDITS

DIETNT-106	Food Service Sanitation ‡ ^	2
DIETNT-109	Food Science ‡	3
DIETNT-123	Dietetic Technician Orientation ‡	1
DIETNT-151	Nutrition for Dietetics ‡ ^	4
DIETNT-160	Medical Terminology for the Dietetic Technician ‡	1
ENG-195	Written Communication ‡	3
	(or) ENG-201 English 1 ‡	
DIETNT-108	Food Service Management 1 ‡ ^	3
DIETNT-118	Food Service Management 1: Coordinated Practice ‡ ^ ...	1
DIETNT-124	Medical Nutrition Therapy 1 ‡	3
DIETNT-134	Medical Nutrition Therapy 1: Coordinated Practice ‡	1
DIETNT-152	Physiology for Dietetics ‡	3
DIETNT-156	Nutrition in the Life Cycle ‡	2
DIETNT-166	Nutrition in the Life Cycle: Coordinated Practice ‡	1
MATH-107	College Mathematics ‡	3
	(or) BIOSCI-220 Introduction to Nutritional Science	
DIETNT-125	Medical Nutrition Therapy 2 ‡	4
DIETNT-135	Medical Nutrition Therapy 2: Coordinated Practice ‡	2
DIETNT-155	Community Nutrition ‡	3
DIETNT-157	Food Service Management 2 ‡	3
DIETNT-167	Food Service Management 2: Coordinated Practice ‡ ...	2
ENG-196	Oral/Interpersonal Communication ‡	3
	(or) SPEECH-201 Elements of Speech	
DIETNT-136	Medical Nutrition Therapy Field Experience ‡	3
DIETNT-146	Food and Nutrition Management Field Experience ‡	3
DIETNT-170	Nutritional Counseling Skills ‡	2
PSYCH-199	Psychology of Human Relations	3
	(or) PSYCH-231 Introductory Psychology	
SOCSCI-172	Introduction to Diversity Studies	3
	(or) SOCSCI-203 Introduction to Sociology	

CREDITS

Total credits needed to complete this degree

62

‡ Prerequisite required.

^ Students completing these courses are eligible to take the Certifying Board for Dietary Managers Certified Dietary Manager examination.

Program curriculum requirements are subject to change.

Current MATC students should consult their Academic Program Plan for specific curriculum requirements.

MATC courses are offered in person, entirely online or partially online. Check each course's delivery options in Self-Service at selfservice.matc.edu.

This program is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), 120 South Riverside Plaza, Suite 2190, Chicago, IL 60606-6995; 800-877-1600, ext. 5400; <https://www.eatrightpro.org/acend>.